



# THIRTY FIRST ANNUAL

## NEVADA CITY SPRING RUN / WALK

"A 2017 Gold Country Grand Prix Event"

5K & 10K Runs 5K Walk

Saturday, April 29, 2017 8:30 am

PRESENTED BY THE NEVADA CITY UNITED METHODIST CHURCH

- Place:** 433 Broad Street at the Nevada City United Methodist Church, Nevada City, CA
- Time:** Registration opens at 7:30am. Run / Walk begins at 8:30am.
- Donation:** Run / Walk pre-registration \$20 postmarked by April 25th (\$25 thereafter).  
A family of 3 or more members may register for \$40.  
Children 10 and under may register for \$5.
- Course:** 5K and 10K begin simultaneously at the corner of Mill & Spring Streets.
- Awards:** All participants will receive vegetable starters from **Weiss Brothers Nursery**.  
5K and 10K Run awards will be presented to the overall male and female winners and to the top three finishers in each age division.

**FOR MORE INFORMATION, contact Spring Run/Walk Director Andrea Stone at 530-432-7844, or call the church office at 530-265-2797. To pre-register (postmarked by 4-25-2017) return registration form along with a check for \$20 made payable to NCUMC and mail to: Nevada City United Methodist Church. Attention: Race Director, 433 Broad Street, Nevada City CA 95959.**

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### PLEASE CIRCLE THE APPROPRIATE INFORMATION

MALE      FEMALE                      5K RUN                      10K RUN                      5K WALK

Print Name \_\_\_\_\_ Age on 4/29/2017 \_\_\_\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

**RUNNERS MUST CIRCLE AN AGE DIVISION:**                      email \_\_\_\_\_

- 10 & under    11-14    15-18    19-29    30-39    40-49    50-59    60-69    70-79    80 & over

**WAIVER:** I hereby waive all legal rights I may have against NCUMC or any individuals, volunteers, or organizations associated with the events in case of injury during the events or while traveling to or from them, or because of dissatisfaction with any aspect of the event. I further attest that I am physically fit and have adequately trained for participation in the event I am entering.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(must be signed by parent or guardian if participant is under age 18)

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